

THE ALPHEN SPA TREATMENT LIST

MASSAGE

The Cure	Swedish	60	R 950
		90	R 1 250
In-Your-Element	Bespoke/Aroma	60	R 950
		90	R 1 250
Muscle Melt	Deep Tissue	60	R 1 150
Sleep Well	Deep Sleep	90	R 1 450
Mama-To-Be	Prenatal	60	R 1 150
Balancing Mineral Stone	Hot Stone	60	R 1 150
		90	R 1 450
Soul to Sole	Foot & Calf	45	R 750
Reflexology	Specialised	45	R 850
Get off My Back	Back, Neck & Shoulder	45	R 950
		60	R 1 050

BODY SCRUB & WRAP

Fire Polish	Full body	30	R 750
Fire Polish & Wrap		60	R 1 150

FACIALS

Babor	Classic	Bespoke	60	R 850
	Hydra Boost Express	Express	30	R 650
	Luminous	Cleanformance	60	R 1 050
	Ultimate HSR Lifting Treatment	Advanced ageing	90	R 1 450
Elemental Herbology	5 Element Express	Customised	45	R 750
	FIRE Purity	Deep Cleansing	60	R 950
	EARTH Vitality	Brightening	60	R 1 150
	METAL Longevity	Age-prevention	90	R 1 450
Enhancer	Longevity Eye Lift		15	R 450
	Babor Beauty Fluid	Ampoule		R 450

SIGNATURE TREATMENTS

Elemental Herbology	Elemental Bliss	Polish, Massage, Lunch & Facial	150	R 3 000
	Ultimate Vitality	Massage, Facial, Lunch	120	R 2 600
	Valley Retreat	Massage, Express Facial	90	R 1 800

HANDS & FEET

Essential Manicure	Express	30	R 450
Essential Pedicure	Express	30	R 490
Signature Manicure	Classic	75	R 750
Signature Pedicure	Classic	75	R 790
Medi-Mani	Medihand	60	R 600
Medi-Pedi	Mediheel	60	R 650
Gel Manicure		75	R 850
Gel Pedicure		75	R 890
File & Varnish		25	R 350
Gel Removal		30	R 250
Gel Application		40	R 600

GROOMING

Tinting	Lash & Brow Tint	30	R 250
	Lash Tint	20	R 250
Waxing	Brow/Lip/Chin	15	R 250
	Face	30	R 450
	Bikini	15	R 350
	Brazilian	30	R 450
	Hollywood	45	R 500
	Half Leg	20	R 400
	Full Leg	45	R 500
	Half Arm	30	R 250
	Full Arm	45	R 300
	Underarm	15	R 250
	Chest	30	R 450
	Back	30	R 550



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